



Folkuniversitetet
Kursverksamheten vid Lunds universitet

Life Long Learning for Social Disadvantaged Groups: A Swedish Perspective.

Martin Persson
Folkuniversitetet

- Presentation about Folkuniversitetet
- Folkuniversitetet methodological and pedagogical concepts in relation to the “*Changing Landscape*”
- A case illustration

Changing Landscapes

- Social inclusion and inclusive curriculum
- The wider benefits of learning
- Guidance and mentoring
- Equality, diversity and access

Folkuniversitetet



Every year 250 000 people participate in different kinds of studies at Folkuniversitetet.

FOLKUNIVERSITETET

- Folkuniversitetet is an adult educational association that offers a wide range of education all over Sweden.
- It is an association of five foundations: the extra-mural departments attached to the Universities of Stockholm, Uppsala, Göteborg, Lund and Umeå.

FOLKUNIVERSITETET

- **Local offices**
Folkuniversitetet has a presence at some 40 locations in Sweden.



FOLKUNIVERSITETET

- Study circles
 - Languages
 - IT and computers
 - Esthetic subjects
- Independent upper-secondary schools
- Social disadvantaged groups
- ODL

FOLKUNIVERSITETET

- Our links to the universities allow us to provide, lectures, study circles and seminars, information about the latest developments in research.
- We also engage academic staff in offering university-level courses in a wide range of subjects.

FOLKUNIVERSITETET

- Our main ambition is to offer courses and activities which generally help people to develop their skills and level of knowledge within different areas.
- Our training courses also incorporate the idea of imparting knowledge that is of immediate practical use to our students.

Folkuniversitetet
Methodological and
Pedagogical approach
to Social Disadvantaged
Groups

Folkuniversitetet Kristianstad

- One of our main activities is to develop new innovative methodological and pedagogical approaches for specialized target groups: unemployed, immigrants, women, disabled, social disadvantaged and general adult education.

Methodology

- Metacognition
- Self Directed Learning
- Problem Based Learning

Metacognition

- "Thinking about thinking."
- Reflective part is important

Metacognition

- Before
- During
- After

Self Directed Learning

- Individuals becomes empowered by responsibility in their learning.
- They becomes aware of their abilities and wishes.
- Develops self-esteem

Problem Based Learning

- The individual learn to identify and solve problems at the personal level and in learning situations.
- The individual's self-confidence develops in a positive direction.

Problem Based Learning

- The PBL methodology requires the individual to work in a group, which enhance the social interaction and the social competence.

Folkuniversitetet Kristianstad

- Universities
- Municipality
- National contacts
- Vocational training institutes
- Regional business associations

Folkuniversitetet Kristianstad

- National Projects
- Transnational projects.
- During the period 1997-to present, our region have been active or are active in 17 international projects.

- The projects contribute to further methodological and pedagogical developments.
- Folkuniversitetet can distribute our expertise and knowledge.

FOOD LITERACY



- The main objective of the project is to establish "Food Literacy" as a horizontal theme in adult education and to consider it as a personal core competence, such as "computer literacy" or "consumer literacy".

LEARNED EMPOWERMENT

- Self-directed learning for low-skilled unemployed people
- Develop guidelines and tools for educational providers.



- All in all Folkuniversitetet is an adult education institution that focus on the individual student needs. This is achieved by conducting research and developing new methods to match the demands that exist in our society.

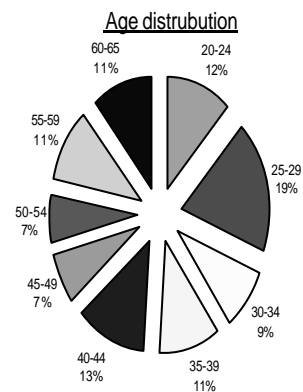
Case illustration

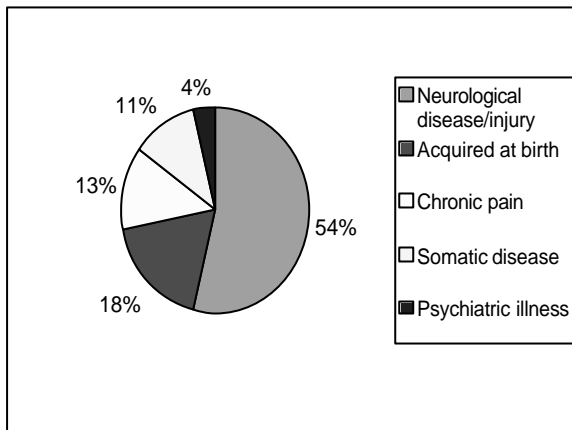
KONCENSUS

A place for
social interaction -
personal development -
communication

Target group

- Individuals with physical disabilities with /without cognitive impairments.
- Residents in Kristianstad.
- Age 18-65.
- 70 participants





Purpose

- To enhance personal development, life quality and social interaction for the participants.
- Prevent social isolation from the society, and the negative consequences that follows.

The Start

- To make the start as positive as possible, information is collected from the participant by interview and questionnaire.
- To acquire the best adequate knowledge about the participant, it is preferable if a person that knows the participant is present during the interview.

Methodology

- A humanistic approach where the focus is on the participant's life situation.
- The staff have competence in the areas of medicine and psychology.

Supporting Environment

- The ambition with the environment is that it is allowing and welcoming with a clear psychosocial structure.
- The focus is on the healthy aspects of the individuals abilities and interests.

Supporting Environment

- The learning guidelines are individually planed.
- Possibility to have continuity after absence due to health reasons.

Physical Environment

- Accessibility
- Integration

Participants Support Network

- An active roll in the network for the participant that needs it.
- With our network we can guide the participant to get the proper help from the society.

Koncensus Network

- Network between different departments, for example: social, health.
- Network between different voluntary organizations.
- Lectures and educational visits.

Gains for the society

- Stronger citizen that take a more active part in the society.
- Positive health effects.

Conclusion

- Positive gains for the individual.
- Positive gains for the society.



www.folkuniversitetet.se
Martin.persson@folkuniversitetet.se
martin@abcdialog.dk